

## Multi-Day Packing List

Appropriate clothing on a multi-day river trip is important for both comfort and risk management. While on the river, we could experience warm sunny days, cold rainy days, or anything in between. We need to be prepared for all possibilities. When planning for your trip, try to use the “layering system”. By bringing clothing that can be worn under or on top of others, in layers, you will have the flexibility to adjust to a variety of weather conditions. Make sure that you have warm layers made of synthetic materials (not cotton), such as polypropylene, capilene, or wool. Cotton does not keep you warm when it is wet!

**For river travel, use the same gear you have already been using on your course. Make sure you have enough to stay warm! If you were using Wet Planet gear, we can make this available for the multi-day trip as well.**

While we provide all group camping equipment and meals, you will need to provide clothing and gear for off the river and at camp in addition to your river gear. Below is a suggested packing list to use for your river expedition. Feel free to contact us at any time with packing questions. **Always be prepared for changing weather!**

- Tent (available for rent - \$30)
- Warm sleeping bag (available for rent - \$30)
- Large dry bag (Wet Planet can provide)
- Small “day” dry bag (Wet Planet can provide)
- Camp chair - foldout style (Wet Planet can provide)
- Warm/comfortable sleeping pad - Paco pad style is fine
- One pair of shorts for camp and hiking
- One or two t-shirts
- Rain jacket & pants
- One set long-sleeved light clothes (for sun and/or camp)
- Pants for camp (can be same as above)
- Synthetic thermal underwear layers (top & bottom)
- Down or synthetic jacket (puffy and warm, but compressible for packing)
- Fleece or pile top & bottom for camp (top can be pullover or jacket)
- Extra fleece pullover or jacket to wear on the river, under your paddle jacket or dry-suit
- Swimsuit
- One pair waterproof boots/shoes (for off river if it is raining)
- One pair lightweight hiking shoes (for off river in good weather - can be same as above)
- Wool or polypro/capilene/fleece socks (stay away from cotton)
- Shade hat/visor (baseball cap)
- Warm hat and gloves for camp
- Wool or synthetic hat for on river under helmet
- Plastic bags for wet/dirty clothing
- Suntan/moisturizing lotion
- Chapstick with SPF
- Sunglasses with securing strap
- Water bottle with securing strap (1 liter minimum, more if hiking)
- Flashlight/small headlamp & extra batteries
- Personal medications
- Toiletries/small towel, etc. (keep to minimum)

Optional Items: Binoculars, diary, sketchbook, a good paperback book, , camera and batteries, small travel pillow, musical instrument.

**All rafting gear, group camping equipment, and meals are provided!**